

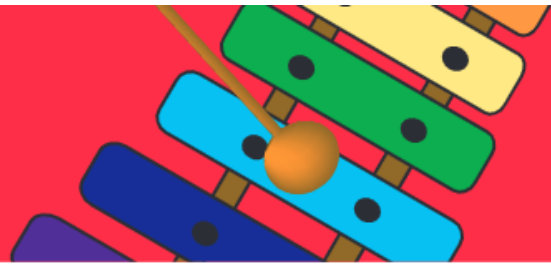
## Cutting Practice:



**Cutting, Stage 2 - Snipping. Worksheet 2 Task Instructions:** Child snips the edges of the paper within the black lines. Adult may hold the paper for the child but models the 'Thumbs Up' technique for holding paper with the non-cutting hand. Adult gives verbal guidance: "Open the scissors. Push the blades forward. Shut the scissors." **Remember to alter the thumb placement when snipping side 2.**

# Literacy Activity: *Describing Noises*

## Noisy Neighbour one



### **Purpose:**

- To identify the source of a sound.
- To name environmental sounds.

### **How to play:**

This game needs two adults to lead it.

Tell a simple story about a noisy neighbour and invite the children to join in.  
Begin with:

Early one morning, the children were all fast asleep – (ask the children to close their eyes and pretend to sleep) – when all of a sudden they heard a sound from the house next door. At this point the second adult makes a sound from behind the screen.

The story teller continues: Wake up children. What's that noise?

The children take it in turns to identify the sound and then the whole group are encouraged to join in with: Noisy neighbour, please be quiet. We are trying to sleep.

Repeat the simple story line with another sound (e.g. snoring, brushing teeth, munching cornflakes, yawning, stamping feet, washing).

Encourage the children to add their own ideas to the story about the noisy neighbour.

## Numeracy Activity: *Count 1*

Counting toes forward to 10 and then backwards from 10.

Let's review making groups of 5

- Student's find 5 items around the house e.g car, trucks, dolls etc counting aloud each item
- Students can write the number of items

Change it up from 5 to the number 1, 2, 3 or 4.



## Number 1 Songs

- <https://www.youtube.com/watch?v=vxffHm4wy24>

Sesame Street 1

- <https://www.youtube.com/watch?v=E45ZZKPXX80>

# Health: *Washing germs away*

Germs: <https://www.youtube.com/watch?v=5eFovC0uSEA>



## Teaching Children About the Importance of Good Handwashing

*This lesson can help:*

- Children learn how germs spread
- Children learn the proper way to wash their hands

*Approximate Time:*

- 20-25 minutes for glitter activity

*Supplies:*

- Glitter (enough for the whole group)
- Unscented hand lotion (preferably in a pump bottle)
- Bucket or garbage can
- Liquid soap and access to a sink
- Access to a broom and dustpan
- Paper towel
- Blank piece of paper

*Activity:*

You can use the following questions to help facilitate the discussion.

**Question:** What are germs?

**Answer:** Germs are tiny living things that cannot be seen with the naked eye. They come in different forms. Some germs help keep people healthy and some germs can make people sick.

**Question:** Where do germs live?

**Answer:** Germs can live in and on people and animals. They can live in water and food. They can also live on items and surfaces.

**Question:** How can germs spread?

**Answer:** Germs can spread when touching other people, items, or surfaces. Germs can also spread when someone coughs or sneezes. (There are also some germs that can spread through the air and be carried by insects – these two ways are not connected with handwashing so it is up to you whether you want to spend time talking about these ways).

Go around the room and ask the children to hold out one hand. Put one pump of unscented lotion in each child's hand.

Ask all the children to rub their hands together to spread the lotion evenly. Now, go around the room and shake a pinch of glitter in each child's hand and ask them to make a fist.

Once they have their glitter, ask them to open their fist (recommend doing this over a tub or outside)

Ask the children what they notice about what happens to the glitter.

**Where does it go?**

**Does it all fall into the bag?**

Have the children rub both of their hands together. After about 20 seconds, have the children stop and lay their glitter hands flat out on to a blank piece of paper and then remove them.

**What do they notice about the hand print?**

**Is there any glitter on it?**

Now it is time for the children to pick up their piece of paper towel and to wipe their hands on it. Allow 10 to 15 seconds for this. Then ask the children to put down their paper towel in the garbage bag and to look at the paper towel and at their hands?

**What do they notice?**

**Is all the glitter off of their hands?**

Finally, you can inform the children that they now are going to wash their hands with soap and warm water. Have each child wash one at a time and do not offer any guidance on their handwashing technique. Once each child washes their hands, have them sit down again.

Lead a discussion about what happened. The children should have noticed that the glitter spread from their hands to the paper hand and to the paper towel. The paper towel did not remove all the glitter, but good hand washing should have.

Of course, real germs are so small that they can be seen only with a microscope. However, explain that germs are like glitter – there are a lot of them, they spread easily, and it takes proper hand washing to get rid of them.

**There are five steps to good handwashing that you can go over together.**

1. Wet your hands with warm water.
2. Pump some liquid soap into the palm of your hands.
3. Scrub and rub the backs and front of the hands, in between the fingers, and around the thumbs and wrists. This is done for at least 20 seconds (sing happy birthday).
4. Rinse hands thoroughly until all the soap is off.
5. Grab a new paper towel and dry hands. Then use the paper towel to turn off the tap.