

WEST BYFORD'S WAY TO LEARN EACH DAY

Year 1 Term 1 Week 6

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Weekly Challenge:

Create an obstacle course. You can skip, hop, and jump. The list is endless! Have fun.

Public Holiday

Daily Fitness

10 x star jumps, 10x squats, 10x sit ups

Daily Fitness

Just Dance

<https://www.youtube.com/watch?v=YteMhrQvfCo>

Daily Fitness

Handstands and Cartwheels – make sure you have lots of space!

Daily Fitness

Go Noodle – Meatball Run

<https://www.youtube.com/watch?v=JU0ETGd5dgk>

Numeracy Activities

Mental Maths – [The adding 2 song](#)
Plus 2 activity sheet 1
100's boards – [Hundred Chart Song](#)
Order numbers to 100 activity sheet

Numeracy Activities

Mental Maths – [The adding 2 song](#)
Plus 2 activity sheet 3
100's boards – [Hundred Chart Song](#)
Number Jigsaws activity sheet

Numeracy Activities

Mental Maths – [The adding 2 song](#)
Plus 2 Sum Numbers activity sheet
Problem Solving – Making numbers activity sheet

Laugh, Play 'n' Create

Find a recipe and create it with a family member.

Literacy Activities

Letters and Sounds – 'th' – tracing sheet
Spelling – Read through list words and highlight focus sound. Sound button sheet steps 1-3
Reading – Read and Listen to Grandpa and Thomas and the Green Umbrella by Pamela Allen - <https://www.youtube.com/watch?v=RPoMLGeQ5ic>
Retell and sequence the story into beginning, middle and end.

Literacy Activities

Letters and Sounds – Watch Video and 'ng' – cut and paste
https://www.youtube.com/watch?v=BhMk_o1lu9Y
Spelling – Sound button sheet steps 4-6
Grammar – Nouns – Watch Noun video. Complete Person, place or thing worksheet.
<https://www.youtube.com/watch?v=aPeMKdEzGDs>

Literacy Activities

Letters and Sounds – tricky words balloon colouring
Spelling – Practice your spelling words and dictation sentence with a family member.
Handwriting – Letter 'c'
Writing – Sentence Scramble – The red tree...

HASS Activity

Roles and Responsibilities
Discuss [these slides](#) with your adult.
Complete and upload last slide to Dojo.

Performing Arts (Nicole George)

Chloe's Lost Teddy – A story with LOUD and SOFT sounds
https://youtu.be/3aVOUq_W_EQ

Physical Education (Mrs Bastick/ Miss Stumpf)

FMS – Hopping
See Phys Ed worksheet

Science Activity (Mr Zachary)

Up to page 6 of Lesson 3

Visual Art Activity (Miss Larkin)

(Teacher provides name of activity)

Don't forget, take breaks throughout the day! Get some fresh air, move your body, stretch your eyes 😊