



TERM 4 2023

THE CANTEEN IS OPEN MONDAY, TUESDAY, THURSDAY AND FRIDAY ONLY
AND FOLLOWS THE GUIDELINES FOR HEALTHY FOOD AND DRINKS POLICY

GREEN IS GO FOODS UNLIMITED

AMBER IS WAIT FOODS AND IS LIMITED

RECESS 10.55am—11.10am	
FRUIT CUPS (200ml)**	\$2.30
JELLY FRUIT CUPS (200ml)	\$2.50
MUESLI AND YOGHURT CUPS (200ml)	\$1.60
APPLE SLINKY **	\$1.00
PIKELET	\$0.50
CHEESIE	\$1.50
POPCORN **	\$0.50
CHEESE/CRACKERS/SLICED APPLE	\$1.80
CORN ON COB (Half)	\$0.90
CARROT STICKS (Full Carrot) **	\$0.70
YOGHURT POUCH 70g S/BERRY/VANILLA**	\$1.50
CHICKEN GOUJONS (TUES & FRI ONLY)	\$1.50
HASH BROWNS (MON & THURS ONLY)	\$1.00
NACHO CUPS (TUES & THURS ONLY)	\$2.00
WARM MILO (WEEKS 1—5 ONLY)	\$1.50
DRINKS	
UP & GO'S CHOC,/STRAWBERRY/ BANANA/ VANILLA plus CHOCOLATE (NO ADDED SUGAR)	\$2.50
NIPPY'S MILK CHOC /STRAWBERRY/ HONEYCOMB (GLUTEN FREE)	\$2.50
WATER	\$1.50
SKIM MILK	\$1.80
JUICE BOXES ORANGE/APPLE/ APPLE & BLACKCURRANT	\$1.80
JUICE BOMBS LUNCH ONLY APPLE & RASP- BERRY,APPLE&B'CURRANT,GRAPE, ORANGE PASSIO,WATERMELON	\$2.50

LUNCH AVAILABLE MONDAY, TUESDAY, THURSDAY & FRIDAY 1.05pm—1.40pm	
SANDWICHES / ROLLS / WRAPS	
VEGEMITE SANDWICH (TUNA SANDWICH \$3.50)	\$2.80
HAM & CHEESE SANDWICH (HamonlyorCheeseonly\$3.00)	\$3.50
EGG & SALAD SANDWICH is preferred (EGG S/WICH \$3.30)	\$4.20
SALAD SANDWICH (Lettuce, carrot, tomato & cucumber)	\$4.00
SALAD SANDWICH WITH CHICKEN/HAM/TUNA	\$5.00
ROLL OR WRAP PLEASE ADD EXTRA	\$0.60
TOASTED SANDWICHES	
CHEESE	\$3.50
CHEESE & TOMATO	\$3.80
CHEESE & VEGEMITE	\$3.70
HAM & CHEESE (HAM ONLY \$3.50)	\$4.00
HAM & CHEESE PLUS TOMATO	\$4.20
CHICKEN & CHEESE	\$4.20
BAKED BEANS OR SPAGHETTI (Ex Can)	\$3.80
SALAD TUBS	
FRUIT SALAD (ASSORTED FRUITS IN TUB)	\$6.00
SALAD TUB (Lettuce, carrot, tomatoes, cucumber, cheese 1/2 egg)	\$6.00
SALAD TUB WITH CHICKEN/HAM/TUNA	\$7.00
QUICHE SLICE (Vegetarian) WITH SALAD (Made in the Canteen)	\$6.50
HOT FOODS	
BEEF LASAGNE	\$5.00
TWISTY PASTA BOLOGNAISE	\$5.00
MACARONI CHEESE	\$5.00
CHICKEN FRIED RICE	\$5.00
VEGETARIAN FRIED RICE (G/FREE)	\$5.00
SPAGHETTI & MEATBALLS	\$5.00
BEEF RAVIOLI	\$5.00
HONEY SOY CHICKEN & RICE	\$5.00
BUTTER CHICKEN & RICE (Made in the Canteen)	\$5.00

PLEASE TURN OVER FOR

ADDITIONAL MENU

**Available Recess & Lunch



Snack Shack



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PIZZERIA DAY MONDAY	
PINEAPPLE PARADISE PIZZA (FOCACCIA BASE)	\$4.50
BACON BLITZ PIZZA (FOCACCIA BASE)	\$4.50
MEATLOVERS PIZZA (FOCACCIA BASE)	\$4.50
BBQ CHICKEN PIZZA (FOCACCIA BASE)	\$4.50
MARGARITA MAGIC PIZZA (FOCACCIA BASE)	\$4.50
NACHO DIPPERS (GLUTEN FREE)	\$5.00
HOT DOG DAY TUESDAY	
HOT DOG WITH SAUCE	\$4.50
HOT CHICKEN & MAYO ROLL	\$4.50
MEATBALL SUB WITH Lettuce, cucumber, tomato	\$4.50
BURGER DAY THURSDAY (incl Pizza Monday)	
CHICKEN BURGER WITH SALAD	\$5.50
HAMBURGER WITH SALAD	\$5.50
CHICKEN STRIP SALAD WRAP	\$5.50
SWEET CHILLI CHICKEN STRIP SALAD WRAP	\$5.50
PIZZA SELECTION FROM MONDAY MENU	\$4.50
SALADS = LETTUCE, CARROT, TOMATO & CUCUMBER	

PASTRY DAY FRIDAY	
SAUSAGE ROLL	\$3.60
TRAVELLERS BEEF PIE	\$4.20
POTATO TOP PIE	\$4.50
LITE PARTY BEEF PIES (TWIN PACK)	\$3.00
LITE PARTY BEEF PIE (SINGLE)	\$1.50
NACHO DIPPERS (GLUTEN FREE)	\$5.00
EXTRAS	
TOMATO SAUCE SACHETS/SOY SAUCE	\$0.50
EXTRA CHEESE	\$0.60
LUNCH SNACKS	
FRUITY CUSTARD CUP	\$2.50
COOKIES (Apple & Oat)	\$0.50
MUFFINS	\$1.00
ICE-CREAMS LUNCH ONLY	
FROYO2GO FROZEN YOGHURT FLAVOURS	\$2.50
FROZEN YOGHURT TWISTED CUPS Strawberry Vanilla/Choc Vanilla (GLUTEN FREE)	\$2.20
VANILLA ICECREAM TUB (GLUTEN FREE)	\$1.80
ICYPOLE JUICIES 99% JUICE (105ml) CONE SHAPE (LEMONADE,TROPICAL,BERRY,ORANGE)	\$2.20
ICYPOLE STICKS 99% JUICE (HALF \$0.50)	\$1.00
PADDLE POPS (Rainbow/Banana/ Chocolate)	\$2.20

PLEASE ALSO NOTE THAT KINDY STUDENTS ARE UNABLE TO ORDER RECESS AS THEY HAVE THEIR FRUIT

LUNCH ORDERS NEED TO BE PLACED BY 8.45AM CANTEEN IS OPEN FROM 8.00AM. LUNCH AND RECESS ORDERS NEED TO BE PLACED ON SEPARATE BAGS.

ANY HELP IN THE CANTEEN WOULD BE GREATLY APPRECIATED WHETHER IT IS AN HOUR, 1/2 DAY OR FULL DAY THE CHILDREN WOULD LOVE TO SEE YOUR FACES. YOU ALSO EARN POINTS FOR YOUR PASS-PORT WHICH GOES TOWARDS YOUR SCHOOL LUNCHES.OUR CANTEEN ONLINE SYSTEM WILL BE THROUGH THE WEBSITE www.QuickCliq.com.au