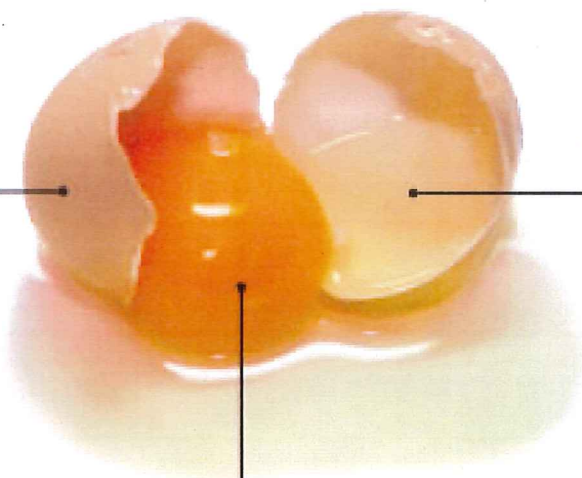


# Eggs

People all over the world eat eggs. Most of the eggs we eat come from hens. Eggs are easy to cook. They can be cooked in lots of ways such as fried, scrambled or hard-boiled. Eggs can be used with other things to make cakes, ice-cream and spaghetti.



## Shell

The shell protects the egg. Shells can be brown or white.

## White (albumen)

The eggwhite is mostly water, protein and some minerals. Before it is cooked, the white is not white; it is clear.

## Yolk

The yolk has most of the egg's vitamins and minerals. The yolk can be pale yellow to dark orange. The colour depends on what the hen eats.

## The fresh test

Put your egg in a saucepan of water and use the guide below to find out how old your egg is.

What happens to the egg	Age of egg
Sinks to the bottom of the pan and stays there	3-6 days old
Sinks, but floats at an angle	Just over 1 week old
Sinks, and then stands on end	About 2 weeks old
Floats on top or just under the surface	Over 2 weeks old

Eggs last a long time. You can keep them for about four weeks in your fridge.

Read *Eggs* on page 3 of the magazine and answer questions 7 to 12.

- 7 Why are eggs popular?
- They float in water.
  - They are simple to cook.
  - They have strong shells.
  - They have yellow yolks.

- 8 According to the text, which food is made using eggs?
- rice
  - milk
  - butter
  - spaghetti

- 9 What is another name for the eggwhite?
- albumen
  - mineral
  - protein
  - water

- 10 What makes a yolk dark yellow?
- the hen's food
  - the age of the egg
  - the colour of the shell
  - the vitamins in the egg

- 11 What does the table at the bottom of the page show?
- how heavy eggs can be
  - how long to cook an egg
  - how best to keep eggs fresh
  - how to check the age of eggs

## Irregular Past Tense

8 **Rewrite** the words from the brackets in past tense.

Pop and I \_\_\_\_\_ at the jetty.

[meet]

We \_\_\_\_\_ the day fishing.

[spend]

I \_\_\_\_\_ a fish for the first time.

[hold]

The fish \_\_\_\_\_ slippery in my hands.

[feel]

Pop \_\_\_\_\_ it was a great catch.

[say]

We \_\_\_\_\_ a photo of the fish to Nan.

[send]

I \_\_\_\_\_ hoping I would catch one more!

[keep]



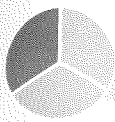
## Challenge

**Underline** the eight spelling mistakes. **Write** the words correctly.

Mum sed we had to get redy to go to tennis. I grabed an appel  
in case I got hungry. Stella spent four minutes kleaning her teeth  
before we left becoz she had eaten chocolate. Mum cort her eating  
it and was not hapee.

_____	_____
_____	_____
_____	_____
_____	_____





# Be more active – 3

Being healthy, safe and active

## Be more active challenge

Your task is to try to add more physical activity to each day for a week.

Record the things you do each day and, in colour, highlight the changes you have made or new things you have tried.

Day and date	Physical activity
Monday _____	
Tuesday _____	
Wednesday _____	
Thursday _____	
Friday _____	
Saturday _____	
Sunday _____	

G G

P P

Y Y

H H

Q Q

Z Z

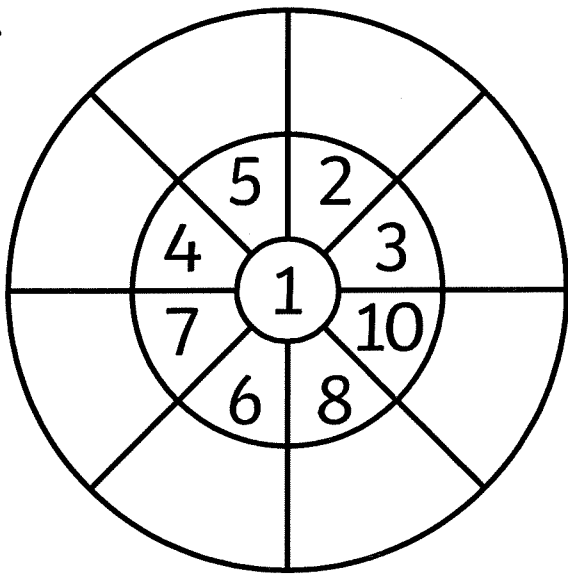
I I

R R

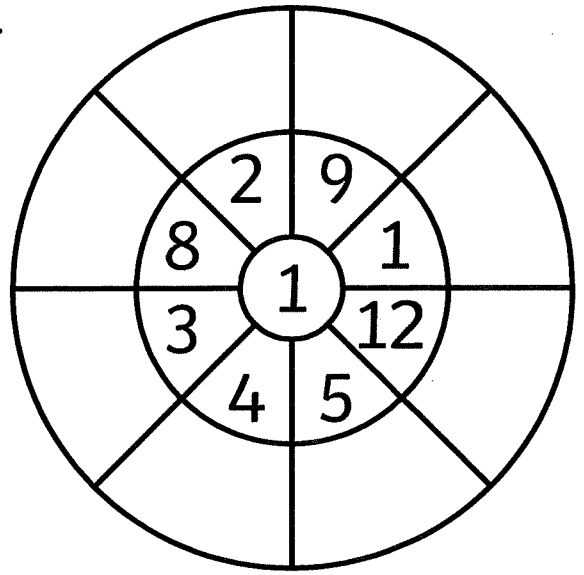
Write your name in capitals.

# 1 Times Table Multiplication Wheels

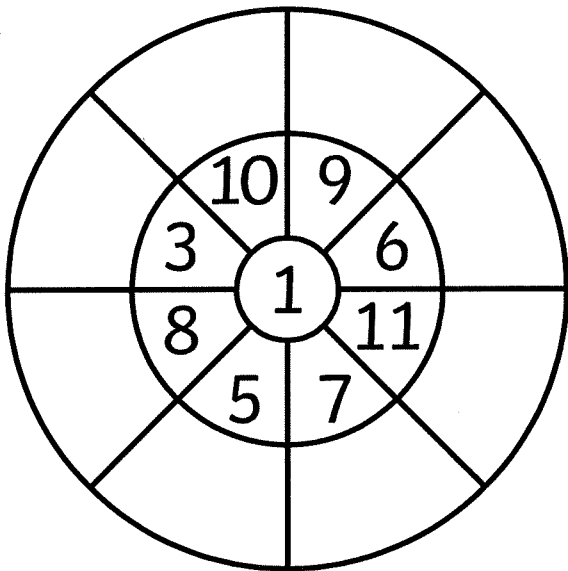
1.



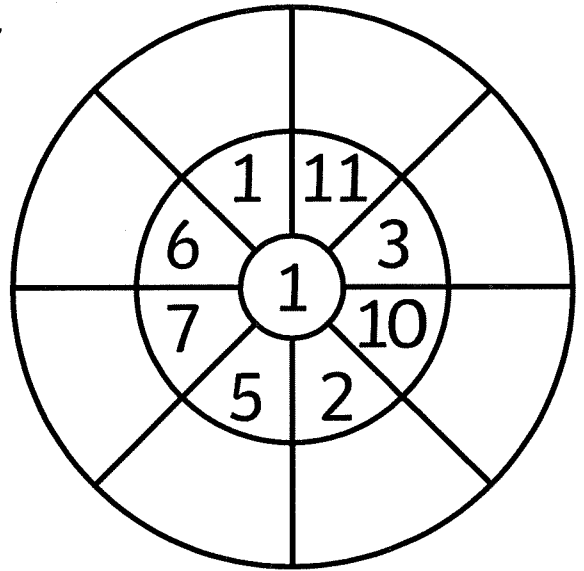
4.



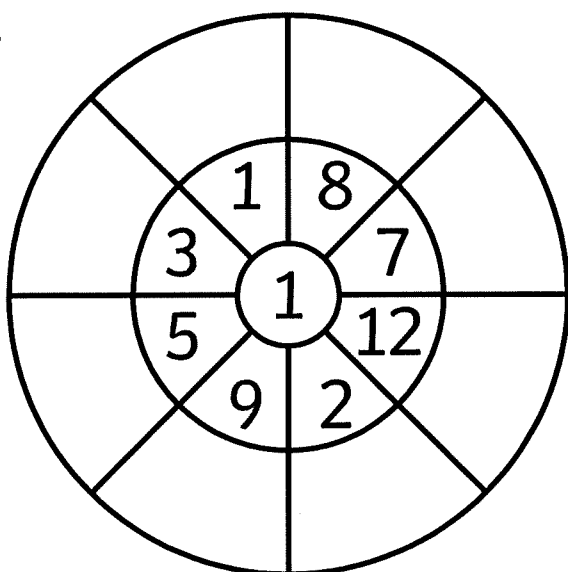
2.



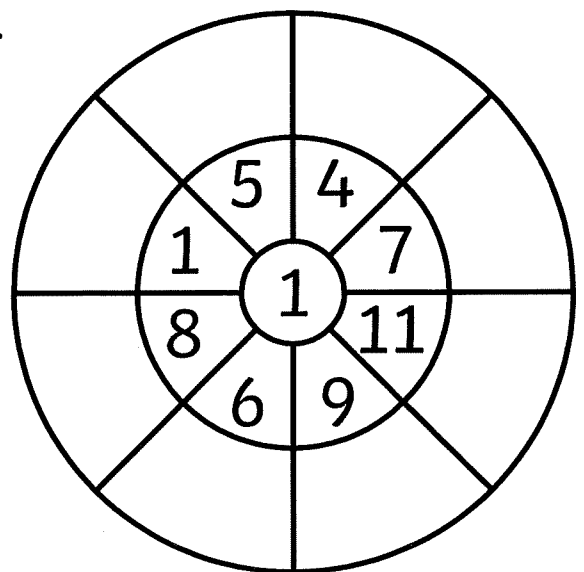
5.



3.



6.



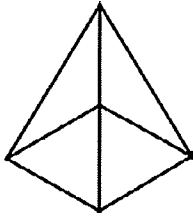
Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Features of 3D Objects

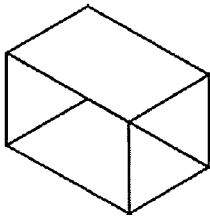
How many vertices do these 3D objects have?

1.



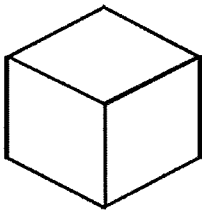
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2.



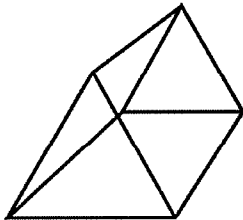
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3.



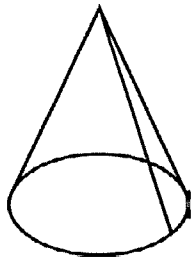
\_\_\_\_\_

4.



\_\_\_\_\_

5.



\_\_\_\_\_

Look at this 3D shape and fill in the missing numbers.

6. A hexagonal prism has \_\_\_\_\_ faces.

7. It has \_\_\_\_\_ faces shaped like a hexagon.

8. A hexagon has \_\_\_\_\_ edges.

