

Too many
leaves!



Add 1 or 2

$8 + 1 =$	$6 + 1 =$	$4 + 1 =$	$2 + 1 =$
$6 + 2 =$	$3 + 2 =$	$1 + 2 =$	$7 + 2 =$
$2 + 5 =$	$2 + 8 =$	$2 + 2 =$	$2 + 1 =$
$8 + 2 =$	$5 + 2 =$	$2 + 3 =$	$2 + 7 =$
$4 + 1 =$	$1 + 8 =$	$2 + 6 =$	$3 + 1 =$

My Score:

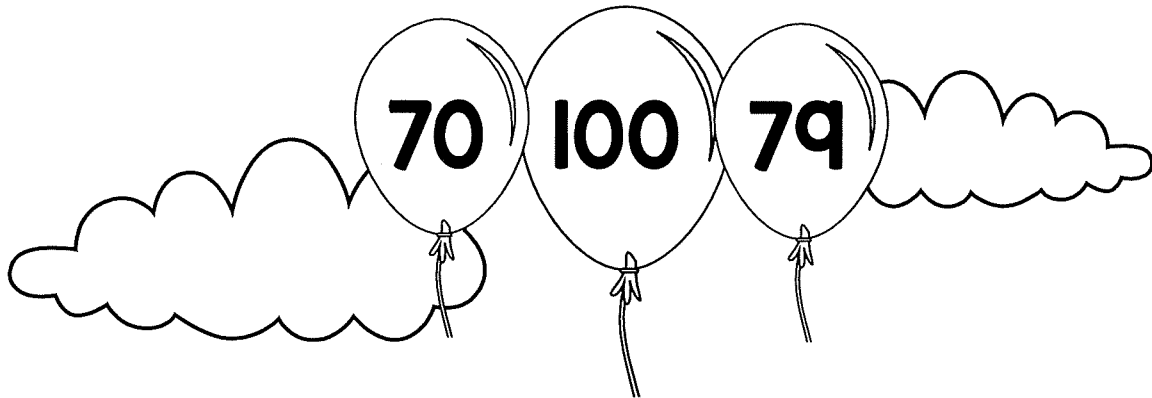
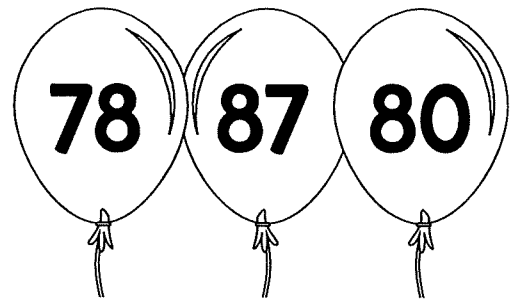
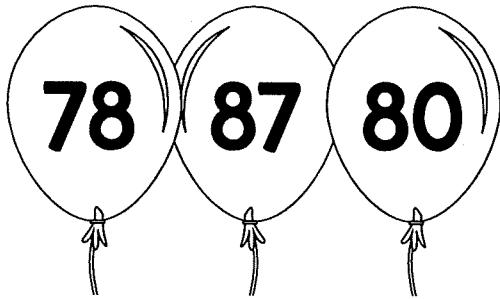
How many stars did you score?



Compare numbers to 100

Numbers to 100

1 Circle the biggest number. Put a cross on the smallest number.



2 Write the number two more than.

93 _____

79 _____

98 _____

91 _____

75 _____

87 _____

3 Write the number two less than.

100 _____

91 _____

72 _____

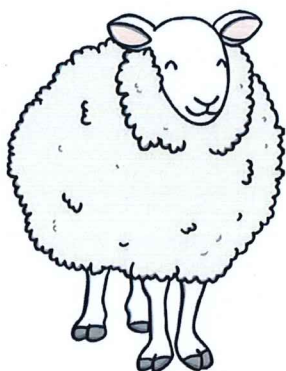
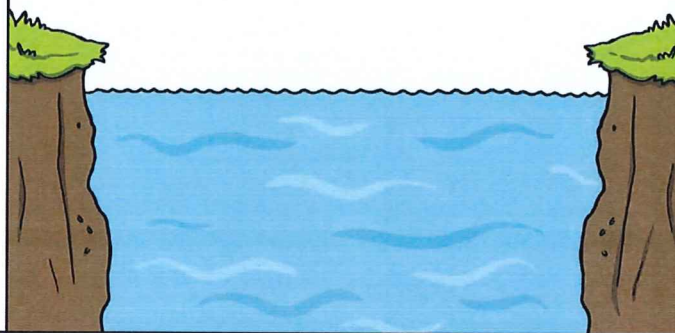
86 _____

80 _____

77 _____

ee Words Cut and Paste

Can you make words to match the pictures?



ee	sw	p	d	f	sh
p	l	ee	ee	ee	t

Name: _____

Find the Nouns

Colour all the nouns.

beach

fast

balloon

pretty

candy

slow

king

ugly

mailman

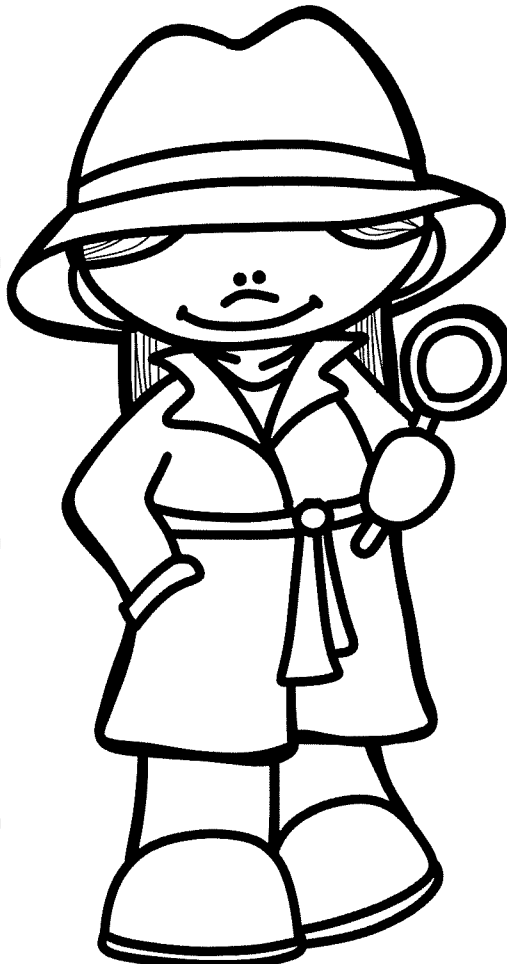
shoe

old

write

throw

hospital





Physical Education

Term 1

Week 7 – Year 1

Fundamental Movement Skills

Forward Galloping

Skill Explanation

The gallop is a continuous, locomotor movement in a forward or diagonal direction and is a combination of a walk and a leap. It is an asymmetrical gait as it involves a step onto a lead leg then a leap-step onto the other foot, the same foot is always leading. It is included in many childhood games, dances and activities. The side gallop is the same as the gallop except for the direction of travel.

Skill Criteria	Why Are They Important?
1 Rhythmical and relaxed	Indicates whether each body component is being employed in a smooth sequence.
2 Feet face the front (direction of travel)	Ensures the movement is in the forward and backward direction and therefore is more efficient.
3 Knees slightly bent, weight on forefeet	Knees bend to absorb the impact, then extend to drive the body forward and upward.
4 Can lead with either leg	Being able to gallop with either leg ensures the performer can move quickly in all directions.
5 Trunk, head and eyes face the front	It is important to eliminate lateral movements that decrease momentum and efficiency. A moving head makes staying on course difficult.
6 Arms move to assist action	Arms assist the forward drive.

Skill Example

Watch this video link to learn how to Forward Gallop!

[Link](#)

How to show us!

Please create a video of yourself doing this skill and upload it to your class dojo portfolio.

Send Mrs Bastick or Miss Stumpf (whoever teaches you for PE) a dojo message to let us know that you have completed it.

Extension

Let us know something you found interesting about this task.

What challenges did you face? How did you overcome them?

Did you modify it?

How did your body feel before and after the task?