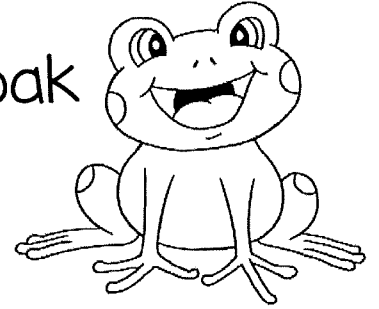


Croak



## Add 1, 2 or 3

$1 + 1 =$	$2 + 1 =$	$3 + 1 =$	$4 + 1 =$
$5 + 1 =$	$1 + 2 =$	$1 + 3 =$	$1 + 4 =$
$1 + 5 =$	$2 + 2 =$	$3 + 2 =$	$4 + 2 =$
$5 + 2 =$	$2 + 3 =$	$2 + 4 =$	$2 + 5 =$
$3 + 3 =$	$4 + 3 =$	$5 + 3 =$	$3 + 4 =$

My Score:

How many stars did you score?

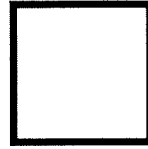


# Shape vocabulary

2D shapes

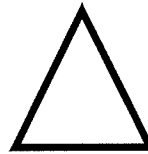
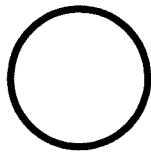
Match.

square



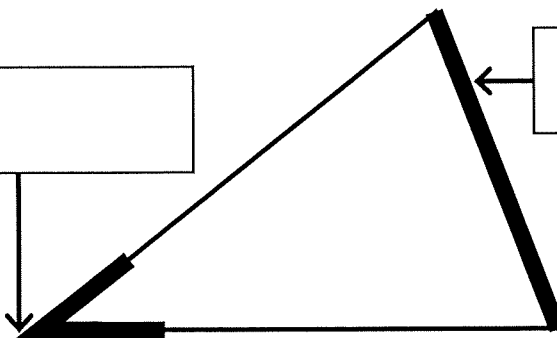
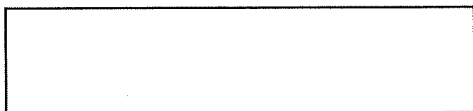
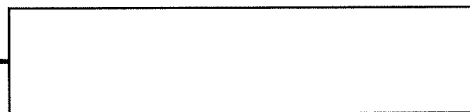
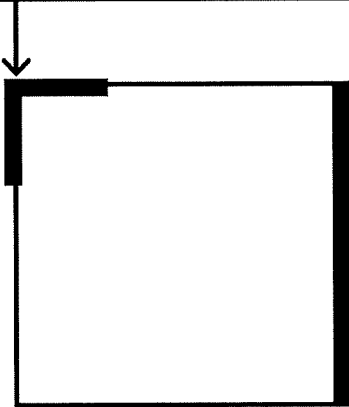
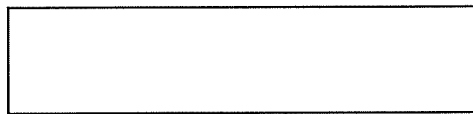
circle

triangle



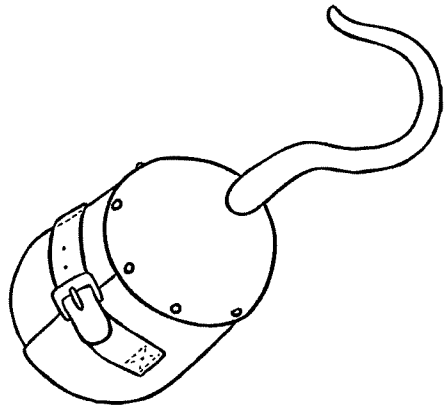
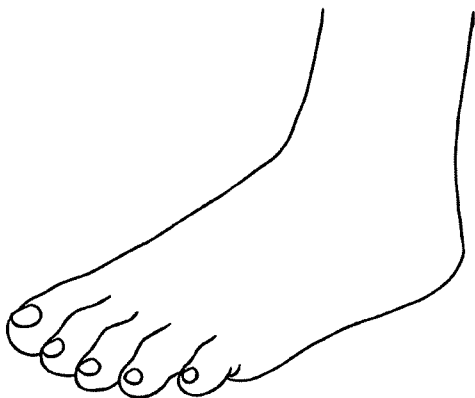
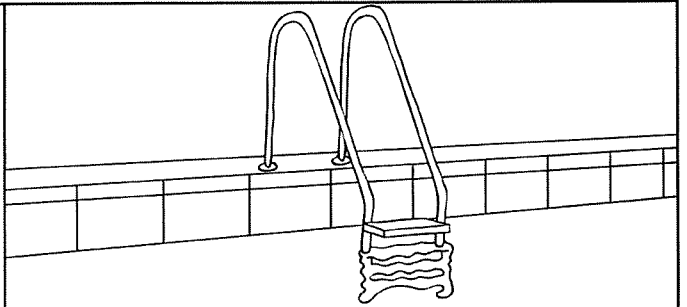
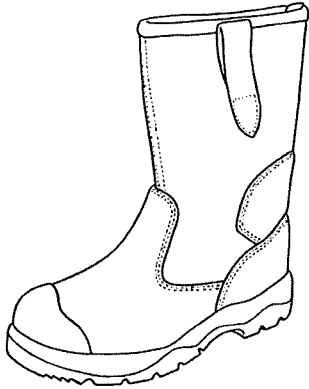
rectangle

2 Label the parts of the shapes - corner or side.




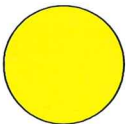
# oo Words Cut and Paste

Can you make words to match the pictures?



b	f	oo	t	p	h
oo	k	t	l	oo	oo

# Term 1 Week 9 - Phase 3 (Focus GPC's - oo, ar)

				
Focus sounds - a, o, i	Focus sounds - oo, ar	Focus sounds - oo, ar	Focus sounds - oo, ar	Focus sounds - oo, ar
cat	boot	moon	broom	balloon
	moon	soon	loose	baboon
	food	look	looking	bandicoot
dog	look	good	goodbye	footpath
	book	cook	cookbook	bookcase
pop	car	park	shark	bargain
	far	shark	sharp	barbecue
pig	park	star	charming	charcoal
	dark	bark	parking	cardboard
mad	hard	card	barbecue	article
The dog is mad.	Look at the moon in the dark.	Look at the moon and star on this card.	We are parking the car and looking for a barbecue.	The bandicoot was hiding in a cardboard box on the footpath.

HI YEAR 1's! You will need the help of an adult to complete your assessment this Term.

Parents/Carers- please see the attached 'Healthy Habits Checklist' and ask your student the following question *"What are the ways to keep your body healthy?"*. Without prompting, they are to respond with as much information as they can, explaining ways in which we can keep our body healthy. Please highlight any information they include on the checklist and write down any additional comments they make.

**Please see rubric below, which will be used to grade students based on their responses:**

*Students were asked to verbally explain "What are the ways to keep your body healthy?"*

HEALTH EDUCATION JUDGING STANDARDS IN <u>YEAR 1</u>		Name:		Room:	
YEAR 1 HEALTH EDUCATION CURRICULUM CONTENT DESCRIPTOR:					
The benefits of healthy eating and regular physical activity on health and wellbeing (ACPPS018).					
	<b>A</b> The student demonstrates <b>excellent achievement</b> of what is expected for this year level	<b>B</b> The student demonstrates <b>high achievement</b> of what is expected for this year level	<b>C</b> The student demonstrates <b>satisfactory achievement</b> of what is expected for this year level	<b>D</b> The student demonstrates <b>limited achievement</b> of what is expected for this year level	<b>E</b> The student demonstrates <b>very low achievement</b> of what is expected for this year level
<i>Being healthy, safe and active</i>	Explains the benefits of healthy eating and regular physical activity using examples to support the explanation.	Describes the benefits of healthy eating and regular physical activity.	Provides simple examples of the benefits of healthy eating and regular physical activity.	Provides simple examples of the benefits of either healthy eating or regular physical activity.	Does not meet the requirements of a D grade.

## Term 1 Assessment Checklist

Healthy Eating	<u>Food Groups</u> <ul style="list-style-type: none"> <li>- Grains</li> <li>- Protein</li> <li>- Fruit</li> <li>- Vegetables</li> <li>- Dairy</li> </ul> <u>Benefits</u> <p>Don't get sick          Makes us feel happy          Gives us energy          So we don't get overweight</p> Sometimes foods once a week e.g. chocolate, hamburgers	Additional comments
Physical Activity	Moving Our Body for 60 minutes every day  <u>Benefits</u> <ul style="list-style-type: none"> <li>- Healthy heart</li> <li>- Healthy lungs</li> <li>- Strong muscles</li> <li>- Strong bones</li> <li>- Make friends</li> </ul> <u>Examples</u> <p>Soccer, running, morning fitness, jogging. Riding bike</p>	
Hygiene	So that germs don't get into our bodies and make us sick  Washing hands, brushing teeth, showering every day, washing hair, sneezing into elbow	
Drinking Water	7 or 8 glasses a day  To keep us hydrated  Dehydration gives us a headache/stomach ache	
Sleep	10-12 hours per night  Sleep helps our body grow and repair  If we get enough sleep I will listen and concentrate, play nicely with my friends and think creatively	