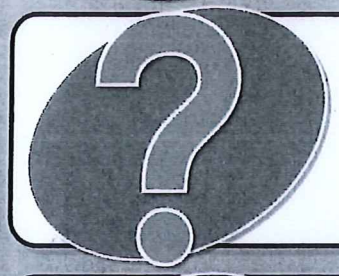
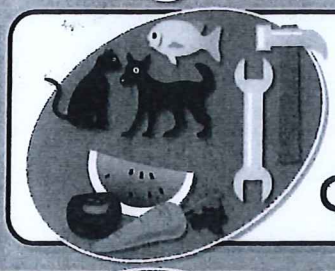
Object Based 5 Year Old News

Greeting



What?

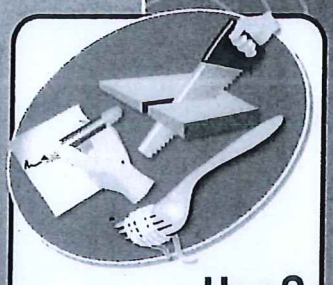


Type or Category?

Parts?

Made Of?

Found?



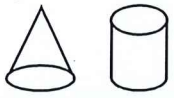
Use?

Information

Thank You

PLD Learning Resources
Parenting Literacy Development
www.pld-literacy.org
ISBN 978-1-921580-60-6

Cones and cylinders

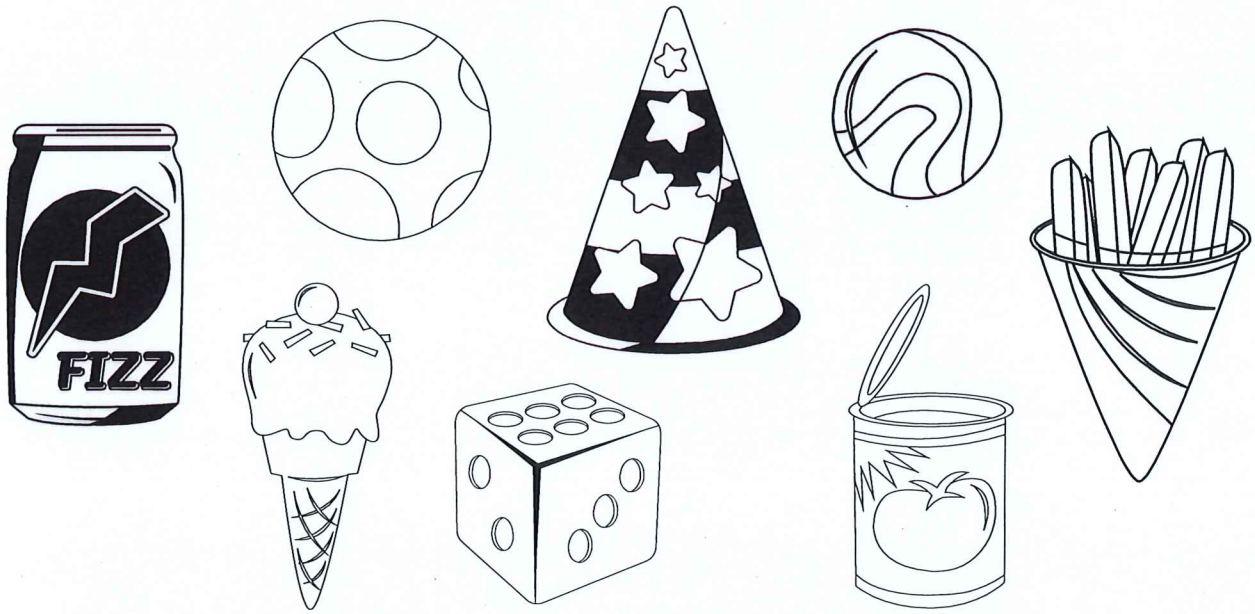


Lesson 44 • Worksheet 1

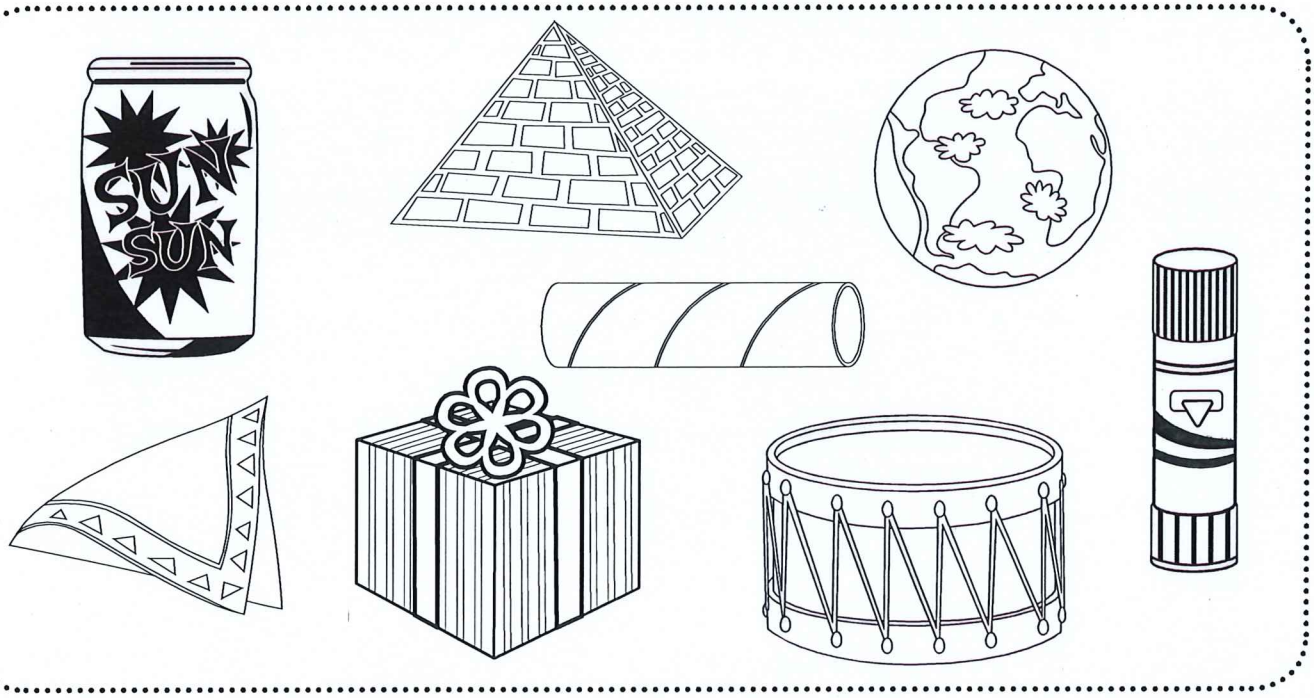
3D object recognition

Name

1 A cone is a solid object. It has one flat, round face. It has a pointy end. Colour the cones.



2 A cylinder is a solid object. It has two flat, round faces. It has a curved surface. Colour the cylinders.



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Name _____

My Family Celebrations

My Previous Celebration is:

_____

_____

My Future Celebration is:

_____

_____

Physical Education

Term 1
Week 8 & 9 – Pre Primary
Fundamental Movement Skills
Hopping

Skill Explanation

Hopping is a more advanced skill than jumping as it requires balance and strength. Children between the age of 5 and 7 should show marked improvement in speed, control and technique. Hopping is a good indicator of being able to maintain balance while moving, which is often referred to as dynamic balance.

Skill Criteria Checklist:

1.	Support leg bends on landing, then straightens to push off
2.	Lands and pushes off on the ball of the foot
3.	Non-support leg bent and swings in rhythm with the support leg
4.	Head and trunk stable, eyes focused forward
5.	Arms bent and swing forward as support leg pushes off
6.	Able to hop on both left and right legs
7.	Support leg bends on landing, then straightens to push off

Skill Example

Watch this video link to learn how to Hop!
Link

How to show us!

Please create a video of yourself doing this skill and upload it to your class dojo portfolio.

Send Mrs Bastick or Miss Stumpf (whoever teaches you for PE) a dojo message to let us know that you have completed it.

Extension
Let us know something you found interesting about this task.
What challenges did you face? How did you overcome them?
Did you modify it?
How did your body feel before and after the task?