



WEST BYFORD'S WAY TO LEARN EACH DAY

Year 1 Term 1 Week 10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Challenge: <i>Help take the washing off the line. Sort and fold socks into their pairs.</i>				
Daily Fitness Skip around your back yard 2x	Daily Fitness Encanto run https://www.youtube.com/watch?v=lOwycaVXfr4	Daily Fitness Plank – time yourself!	Daily Fitness 10 x star jumps, 10x squats, 10x sit ups	Daily Fitness Plank – time yourself! Did you beat your last time?
Numeracy Activities Mental Maths – The adding 3 song Counting On activity sheet 1 Chance – Will, won't might video Will, won't, might activity sheet	Numeracy Activities Mental Maths – The adding 3 song Counting On activity sheet 2 Chance – Will, won't might video More or less likely activity sheet	Numeracy Activities Mental Maths – The adding 3 song Bright Pencils activity sheet Chance – Will, won't might video Possible and Impossible activity sheet	Numeracy Activities Mental Maths – The adding 3 song Colour by answer activity sheet Problem Solving – Check activity sheet	Laugh, Play 'n' Create Family Fitness
Literacy Activities Letters and Sounds – 'or' tracing worksheet Spelling – Read through list words and highlight focus sound Reading – Read and Listen Annie's Chair by Deborah Niland - https://www.youtube.com/watch?v=Xqxa988MmCE	Literacy Activities Letters and Sounds – 'or' – The Unicorn. Read and colour the 'or' sound Spelling – Sound button sheet steps 1-3 Reading – Draw something this story reminds you of.	Literacy Activities Letters and Sounds – 'ur' worksheet Spelling – Sound button sheet steps 4-6 Grammar – Adjectives – Watch Video. Fill in an adjective activity https://www.youtube.com/watch?v=kVTjug9uaP4	Literacy Activities Letters and Sounds – Tricky words – Beehive matching Spelling – Practice your spelling words and dictation sentence with a family member. Handwriting – Letter 'g' Writing – Sentence Scramble – She is in...	HASS Activity A timeline of me Look at the example timeline and complete 'A Timeline of Me'. (You may use photos or draw and write your response).
Health (Mrs Bastick/Miss Stumpf) Create a poster which contains a positive health message about how we can look after our body. See examples.	Performing Arts (Nicole George) Practise the National Anthem	Physical Education (Mrs Bastick/ Miss Stumpf) FMS – Dodging See Phys Ed worksheet	Science Activity (Mr Zachary) (See ClassDojo for activity)	Visual Art Activity (Miss Larkin) Art Reflection
Don't forget, take breaks throughout the day! Get some fresh air, move your body, stretch your eyes ☺				

