



# LESSON PLAN AND RESOURCES

Term 2

Week 2 - Kindergarten

Wednesday 6<sup>TH</sup> April

## MORNING GREETING

ClassDojo

## DAILY FITNESS

Cosmic Yoga – ‘Arnold the Ant’ (Please be mindful that YouTube regularly changes their adverts. When we checked this video it was safe, however please view it first before showing it to your children just to be sure.)

<https://www.youtube.com/watch?v=iWowDC3x0hE&list=PL8snGkhBF7ngqv160qM0Uf9lDaBkGzpo5&index=1>

## PHYSICAL EDUCATION ACTIVITIES

We are learning to balance on one foot. Have your child practise balancing on one leg on the spot. While your child is balancing, remind them to look forwards and focus on a spot on the wall, bend their non-supporting knee (not touching the ground) and use their aeroplane arms. They should be standing upright and not bent over. See if your child can balance still for five seconds on each foot. To make it harder, you could try asking your child to balance with their eyes closed, with their arms by their sides or even crossed across their body.

Upload a photo or video to your ClassDojo portfolio.

## MORNING TEA

### LITERACY ACTIVITIES

We are learning to retell a story through directional language. Watch ‘Rosie’s Walk’

<https://www.youtube.com/watch?v=aynZh1-fsBg>. Using the attached story map, talk about the directional language that was in the story (across the yard, behind the lake etc.) Together, draw a line to show where Rosie went on her walk. Encourage your child to use the correct directional language that was used in the book. If you cannot print off the map, create one of your own!

**and / or**

Send your child on a ‘Rosie’s Walk’ around the house. Use household items and directional language to direct your child on an adventure. Have your child; walk past, jump over, go through, walk behind, climb under and walk in different areas of the house. Make sure you practise the correct language with your child.

## LUNCH

### LAUGH, PLAY ‘N’ CREATE

We are learning to listen for different sounds and sound patterns. We will be making musical shakers. You will need; a small container or an empty drink bottle with a lid and some rice. Fill your child’s container/ empty bottle with some rice and place on the lid (alternatives to rice could include; hundreds and thousands, pasta, cereal, small beads, oats, dried peas). Using your child’s shaker, encourage your child to make loud sounds, quiet sounds, short shakes and long shakes. You can even make some sound patterns with your child’s container for them to copy i.e. four short shakes, one long shake and two short shake, one loud shake, one quiet shake and one loud shake.

# Rosie's Walk

Name: \_\_\_\_\_

